

GELATO

1 scoop

\$3.00

2 scoops

\$5.00

Tropical Sorbet Chocolate Salted Caramel Vanilla Strawberry

Mint Chocolate

SNO QQ1

- oreo cookie sprinkles brownie bites
- hazelnuts pecans whipped cream
- chocolate sauce strawberry coulis
- waffle cones

\$0.50

PERFECT PAIRING

March Promotion
Sugar Cookie

London Fog \$5.50

SPECIALTY SHAKES

The Princess

Vanilla Ice Cream, Strawberry Coulis, Funfetti Cake, Whipped Cream

The Knight

Chocolate Ice Cream, Chocolate Sauce, Fudge Brownie, Whipped Cream

After Eight Shake

Mint Chocolate Ice Cream, Chocolate Sauce, Whipped Cream, Chocolate Cake, Macaron

The Duke

Salted Caramel Ice Cream, Peanuts, Chocolate Sauce, Whipped Cream



SMOOTHIES & SHAKES

\$12

\$14

\$14

\$12

\$12

Banana Protein Shake

Banana, Chia Seeds, Oats, Cocoa Powder, Soy Milk, Pea Protein

The Exhale

\$16

\$16

\$16

Kale, Cucumber, Pineapple, Greek Yogurt, Lemon Juice

The Duchess Smoothie

Pineapple, Strawberry, Coconut Yogurt, Lemon Juice

The Immunizer

Carrot Juice, Mango, Orange, Ginger, Tumeric

Peanut Butter Protein

Banana, Peanut Butter, Granola, Pistacho, Whey Protein Mix, Almond Milk

ADD ONS

+\$3 each

Whey Protein or Pea Protein