

EXHALE BERMUDA CLASS SCHEDULE

FOR THE WEEK OF: **February 11-17, 2019**

EXHALE SINGLE CLASS + SERIES PRICING

Single session	\$25
5-pack	\$120 (\$24/class)
10-pack	\$230 (\$23/class)
20-pack	\$430 (22/class)

Single class purchase expires four weeks from date of purchase; Five-packs expire eight weeks from date of purchase; ten-packs expire sixteen weeks from date of purchase; 20-packs expire eight months from date of purchase.

MEMBERSHIP OPTIONS PRICE/MONTH

ANNUAL BERMUDA CLASS MEMBERSHIP	\$165
MONTH-TO-MONTH BERMUDA CLASS MEMBERSHIP	\$185

Unlimited classes at exhale Bermuda • 10% off wellbeing boutique purchases • Preferred private training rates • 20% off spa therapies

NEW TO EXHALE?

Enjoy 2 classes for the price of 1 | \$25

Class cancellations must be made four hours prior to your class start time. Late cancellations or no-shows will be billed to your credit card on file. Socks are required for Exhale Barre classes. Sneakers are required for Exhale Extreme classes. For the safety of all guests, late entries will not be allowed into class 10 minutes after class start time.

BOOK YOUR CLASSES ONLINE AT
EXHALESPA.COM/BERMUDA

ANNOUNCEMENTS, UPCOMING EVENTS + WORKSHOPS

Exhale Spa is now open, please make your massage or facial reservation by calling ext. 6046 from your room or visit us today!

Hello, February!
Put yourself first and save with our February specials:

Perfectly customizable for powerful results!
Enjoy a Power Facial for Just \$99!
(Normally \$245).

Take your fitness routine to the next level:
Purchase a 5-pack of Personal Training sessions, get one session free!

Cannot be combined with any other offers or discounts. Power Facial must be booked and received by February 28, 2019. A 17% gratuity will be added to the full priced therapy. Personal Training package must be purchased by February 28, 2019 to receive free session and expires 6 months from date of purchase.

MONDAY February 11th

9:30 AM	BARRE
12:00 PM	FLOW YOGA
6:00 PM	BARRE

TUESDAY February 12th

7:15 AM	BARRE
9:30 AM	PILATES
12:15 PM	BARRE
5:45 PM	CORE YOGA

WEDNESDAY February 13th

6:30 AM	BARRE
9:30 AM	BARRE
12:00 PM	BARRE
5:30 PM	HIIT
6:30 PM	CHILL YOGA

THURSDAY February 14th

9:30 AM	PILATES
12:15 PM	BARRE
6:00 PM	BARRE

FRIDAY February 15th

9:30 AM	BARRE
12:00 PM	HIIT 30
5:30 PM	BARRE

SATURDAY February 16th

9:00 AM	BARRE
10:00 AM	FLOW YOGA

SUNDAY February 17th

9:30 AM	HIIT 30
10:15 AM	BARRE + YOGA



EXHALE BERMUDA
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441.298.6046 | EXHALESPA.COM